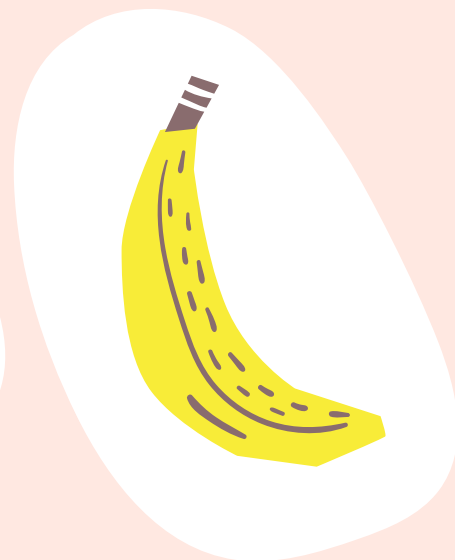
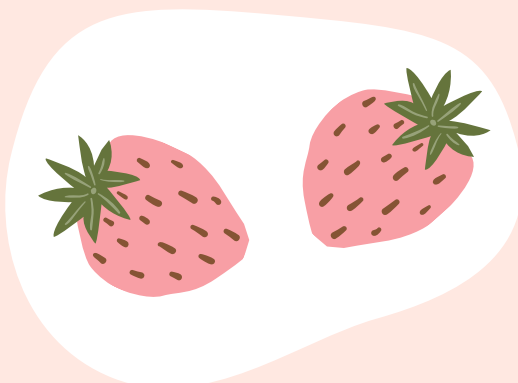
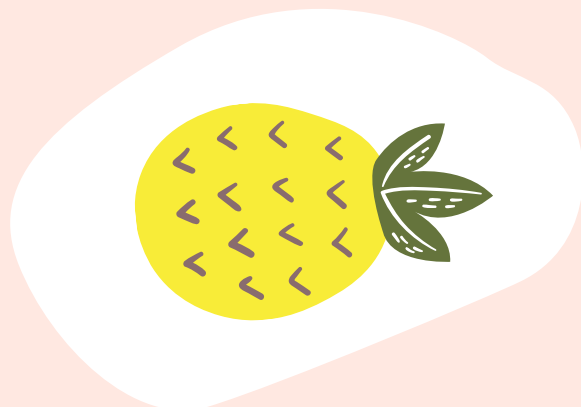
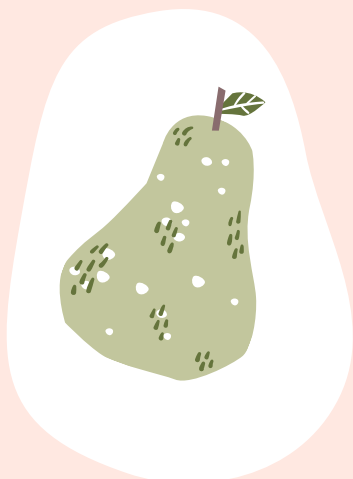
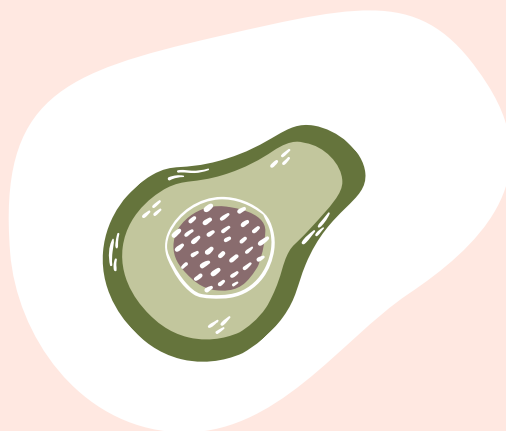
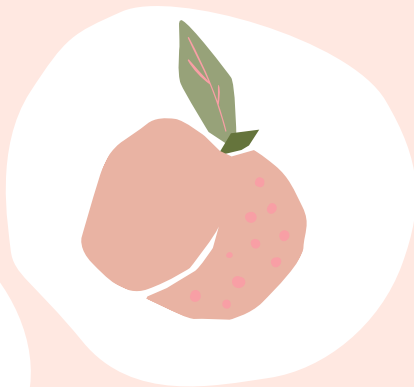




DARBA LAPAS

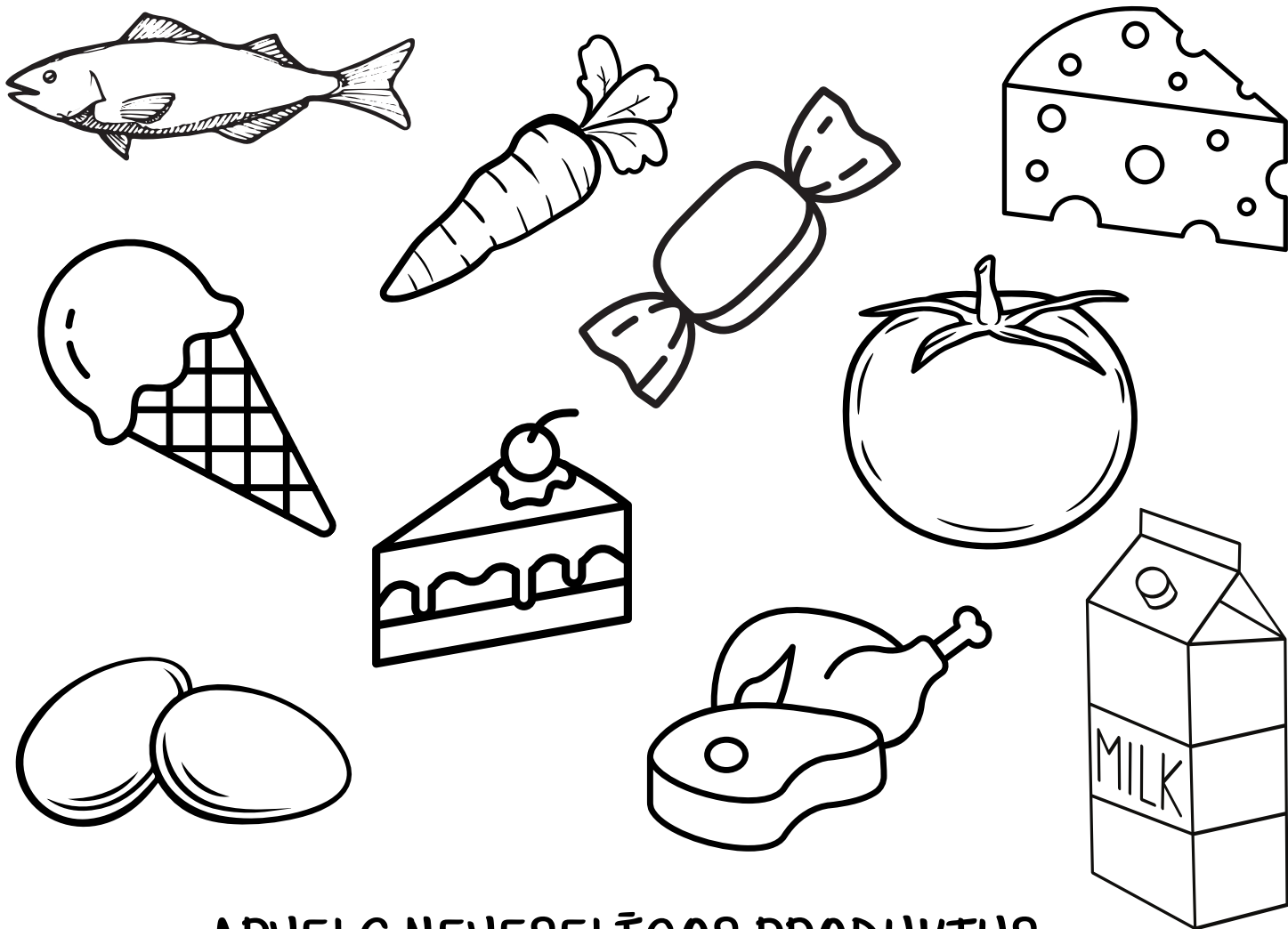
VESELĪGS UZTURS

MĀCĪBU MATERIĀLS SOCIĀLAJĀS ZINĪBĀS SĀKUMSKOLĀ UN SPECIĀLAJĀ IZGLĪTĪBĀ



SAGATAVOJA ZANE FREIJA

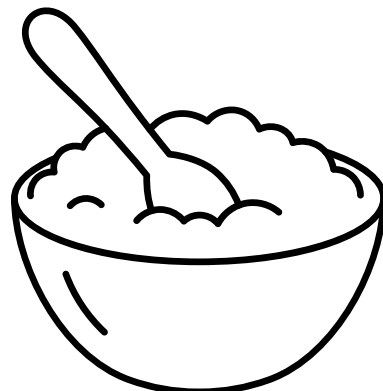
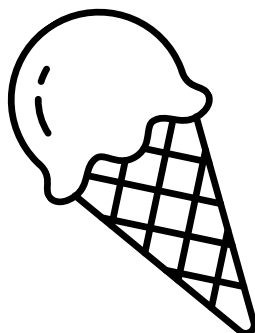
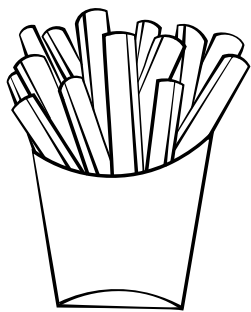
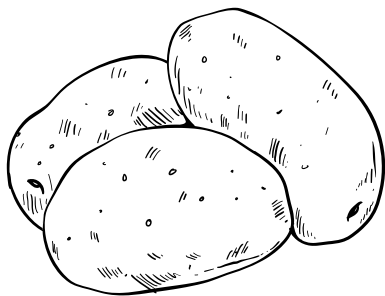
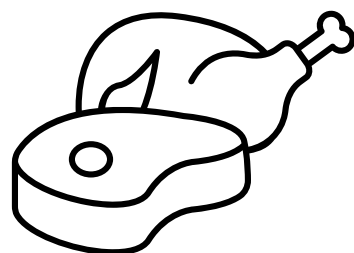
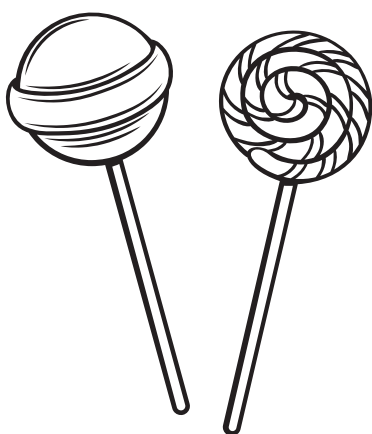
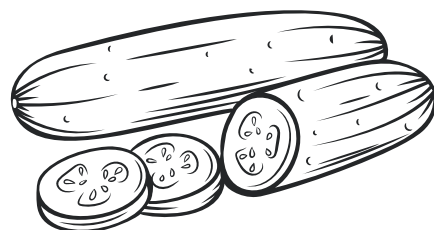
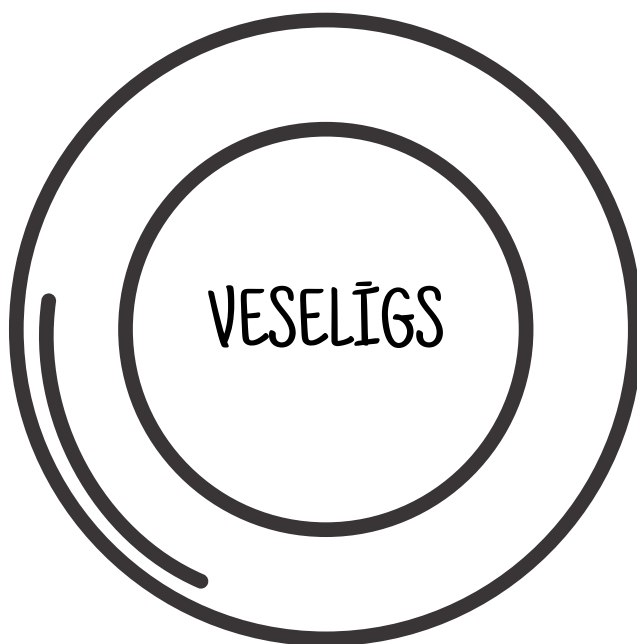
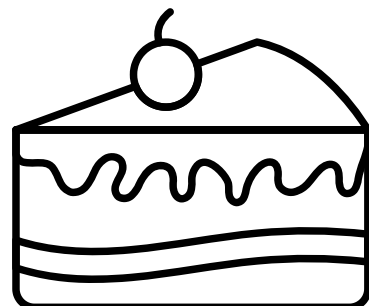
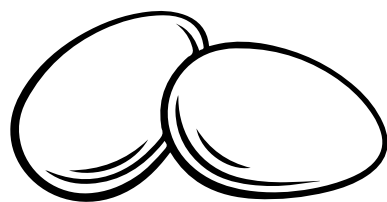
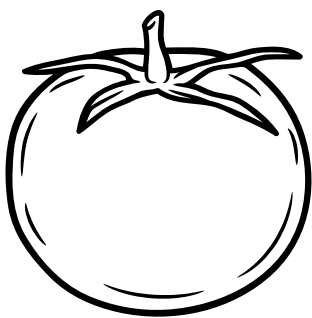
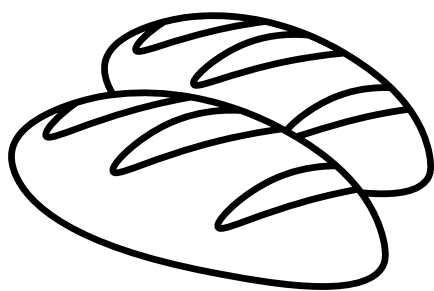
IZKRĀSO VESELĪGOS PRODUKTUS



APVELC NEVESELĪGOS PRODUKTUS



SAVIENO PRODUKTUS AR PAREIZO ŠĶĪVI UN IZKRĀSO



PUSDIENU GALDS

ATŠIFRĒ UN UZRAKSTI, KAS ATRODAS UZ PUSDIENU GALDA



1. APUZ

2. ITĀLAS

3. IĻĒPUTRAK

4. SVIZ

5. ALUS

6. EZIAM

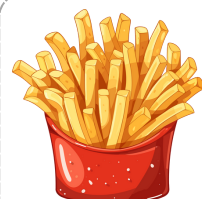
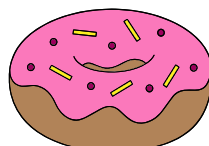
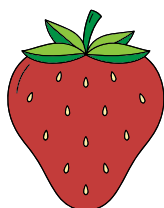
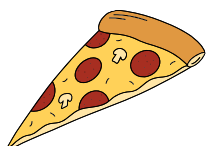
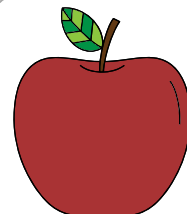
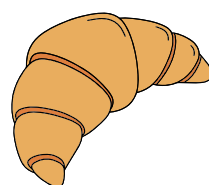
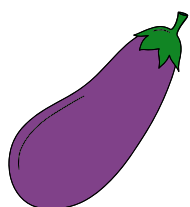
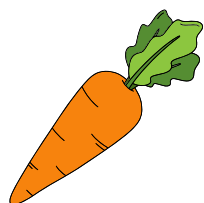
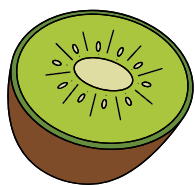
7. SNEIPZEIB

VESELĪGS VAI NEVESELĪGS?

IZGRIEZ UN ŠKIRO VESELĪGOS UN NEVESELĪGOS PRODUKTUS

VESELĪGS

NEVESELĪGS



BURTU JŪKLĪ MEKLĒ VĀRDUS

K Ū K A S U Ā Z K S K A I A
O E S P R P B A N Ā N S R I
N R U I O T O M Ā T S Z A C
F D U K P O L M Ū T E A D P
E O T G C N S I E R S M G I
K G A Ļ A B C T E I M L O E
T R G V Z N M A I Z E O K N
E B I E Z P I E N S M D T S

1. KŪKA

2. TOMĀTS

3. SIERS

4. PIENS

5. MAIZE

6. ĀBOLS

7. GAĻA

8. BIEZPIENS

9. BANĀNS

10. KONFEKTE

SAVIENO VĀRDU AR ATTĒLU

KŪKA

TOMĀTS

SIERS

PIENS

MAIZE

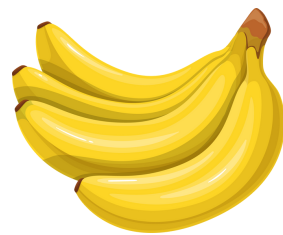
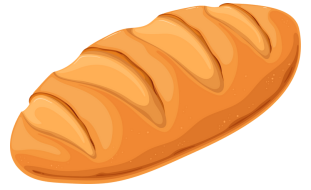
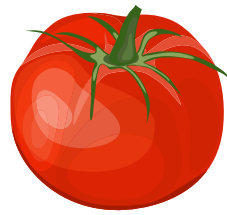
ĀBOLS

GAĻA

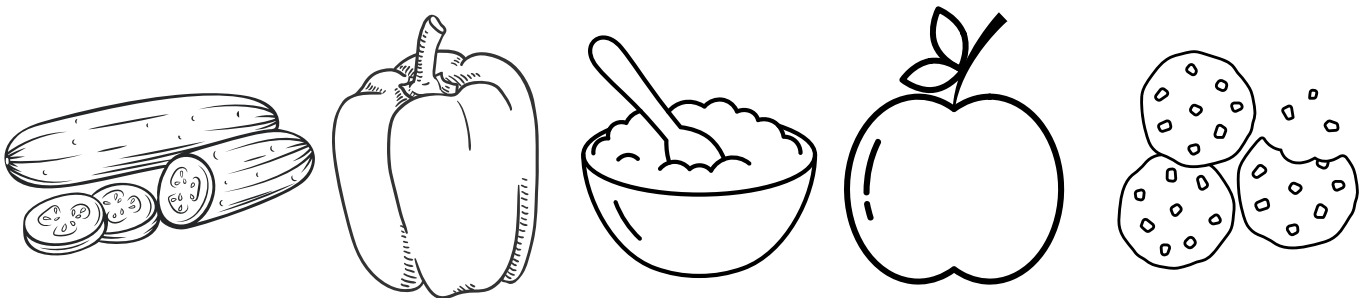
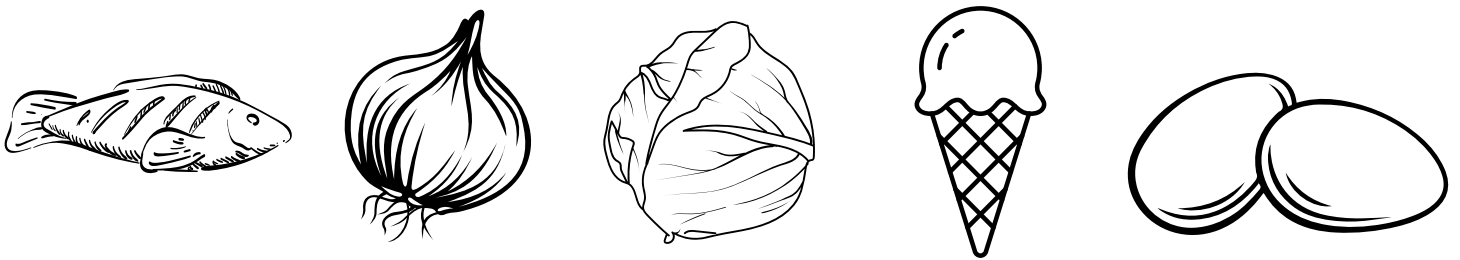
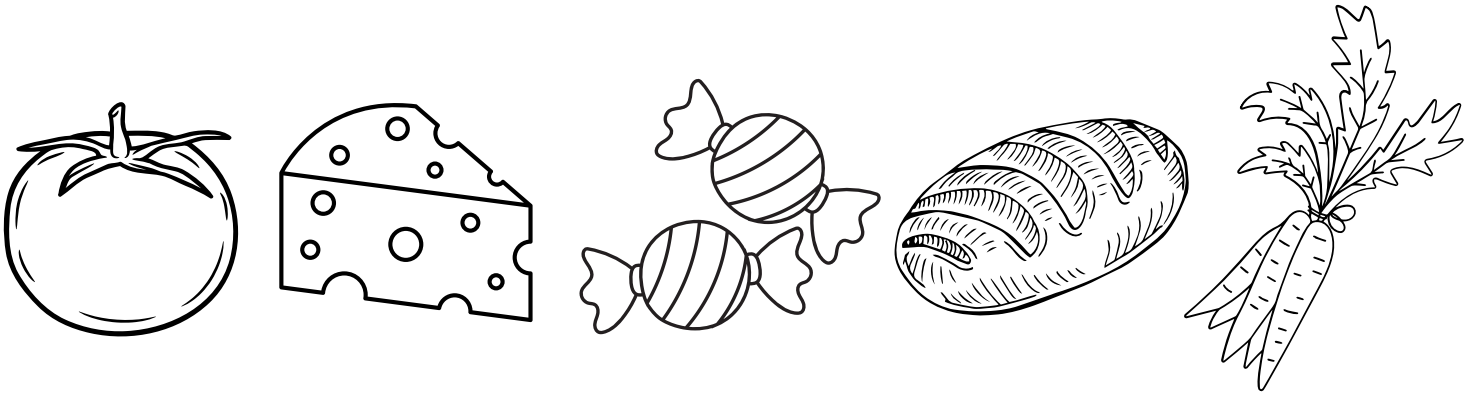
BIEZPIENS

BANĀNS

KONFEKTE

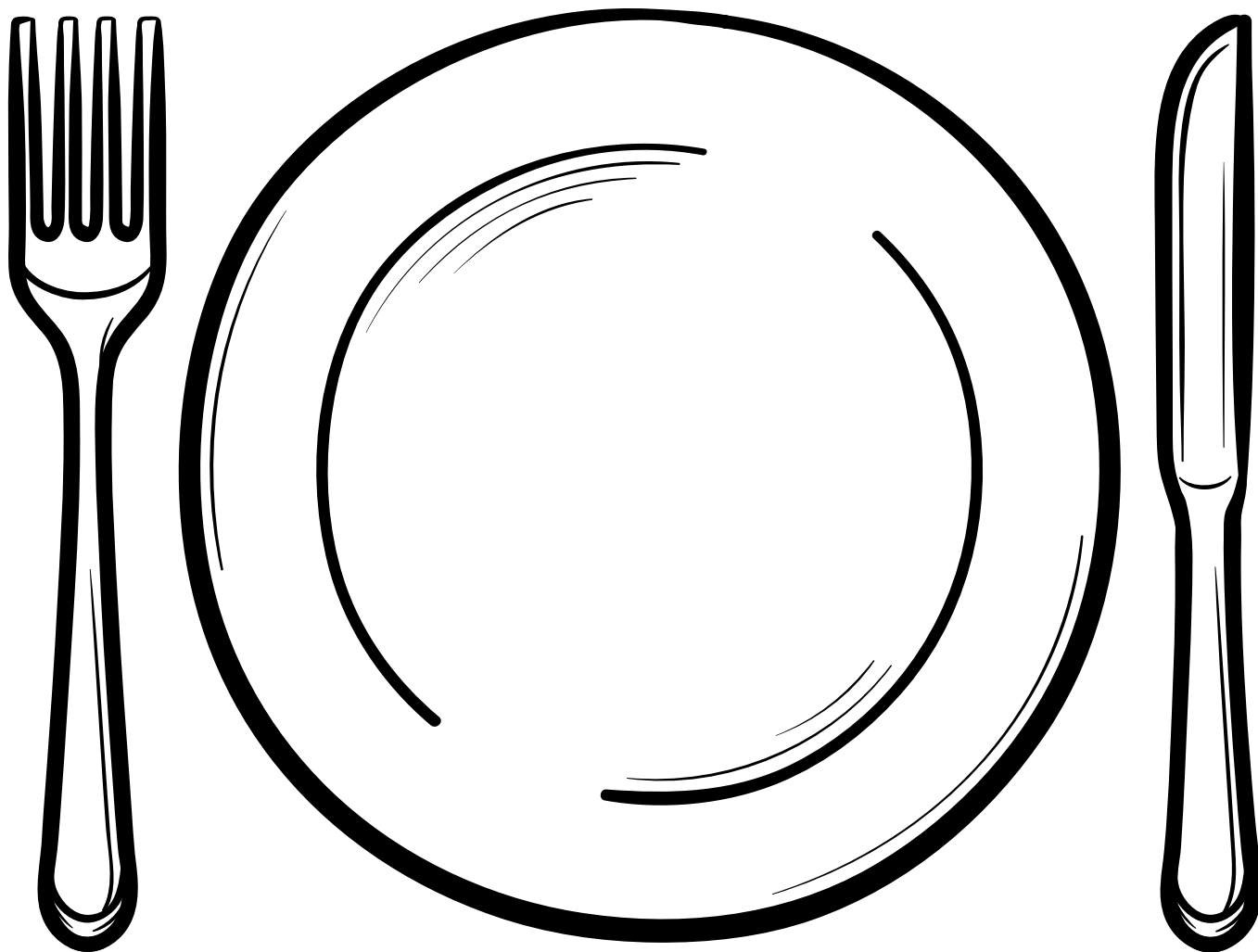


IZSVĪTRO LIEKO ATTĒLU



MANS ŠĶĪVIS

UZZĪMĒ SAVU VESELĪGĀ UZTURA ŠĶĪVI



PASTĀSTI KLAŠESBIEDRIEM, KO ĒD IKDIENĀ UN KĀDS IR TAVS MĪĻĀKAIS ĒDIENS

SPĒLE

SPĒLEI NEPIECIEŠAMS METAMĀIS KAULIŅŠ UN GĀJIENU KAULIŅI



SĀKUMS

NOSAUC 3 AUGĻUS

NOSAUC 3 NEVESELĪGUS PRODUKTUS

NOSAUC 3 DĀRZENUS

NOSAUC 3 PIENA PRODUKTUS

NOSAUC 3 VESELĪGUS PRODUKTUS

PAEJ 2 LAUCIŅUS UZ PRIEKŠU

NOSAUC SAVU MĪLĀKO ĒDIENU UN PASTĀSTI, KĀ TO GATAVO

NOSAUC 3 SALDUMUS

NOSAUC 3 OGAS

NOSAUC 3 NEVESELĪGUS PRODUKTUS

NOSAUC 3 AUGĻUS

PAEJ 2 LAUCIŅUS ATPAKĀI

BEIGAS

SPĒLES NOTEIKUMI: MET KAULIŅU UN PAIET UZ PRIEKŠU TIK LAUCIŅUS, CIK ATTĒLOTS UZ KAULIŅA, LASA UN ATBILD